



Dr méd. Martin Zarate Lagunes

Internist, geriatrician and gerontologist

Competences

- Internal Medicine
- Biology of aging

Profile

Languages

French, English, Spanish

Work experience

- | | |
|------------|--|
| since 2015 | Physician and Deputy Director. Nescens Centre for Preventive Medicine. Better aging programs: preventive actions, life-style interventions, wellness & adding life to life programs |
| 2013–2015 | Deputy Department Head, then Department Head, Department of Medical Rehabilitation, HUG-Geneva University Hospital |
| 2011–2013 | Assistant physician, Department of Rehabilitation and Palliative Medicine, HUG-Geneva University Hospital |
| 2000–2011 | Head of Clinic, Department of Internal Medicine, Rehabilitation and Geriatrics (Trois-Chêne hospital, Cantonal hospital, Beau-Séjour hospital). HUG-Geneva University Hospital |
| 1993–1999 | Internist and geriatrician. Researcher. Paris hospitals (AP-HP), La Pitié-Salpêtrière and Charles Foix hospitals. France |
| 1990–1993 | Head of the Internal medicine department. Professor of Internal Medicine and Emergency Medicine, Centro de Especialidades Médicas del Estado de Veracruz and Instituto Mexicano del Seguro Social , Mexico |

Education

- | | |
|-----------|---|
| 1993–1999 | Pierre et Marie Curie University (Paris VI) , Post-Doctoral, Geriatric Medicine Residency Program , Mphil in Biology of aging, focus on neurodegenerative diseases associated with age. University diploma in normal and pathologic neurological aging. Master of Biological Sciences, Paris VI and Paris XI Universities |
| 1987–1990 | Universidad Nacional Autónoma de México , post-graduate degree in Internal Medicine |
| 1979–1986 | Universidad Veracruzana , Doctor of Medicine (MD). |
| 1979 | High school diploma in biological and medical sciences. |

Accreditation

[Clinique de Genolier](#)

[Genolier Cancer Center](#)

Specialties

[General internal medicine](#)

Contact

Nescens Clinique de Genolier
Route du Muids 5
1272 Genolier

T +41 22 366 99 54

F +41 22 737 08 99

mzarate@nescens.com

[Download vCard](#)