



## Prof. Dr méd. Jacques Proust

Medical Director of Nescens Preventive Medicine Center – Genolier –  
Pioneer in the development of biology of aging and anti-aging  
medicine.

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### Competences

Professor Jacques Proust was born in France, where he started his career in Parisian hospitals as an internal medicine physician and geriatrician.

He then specialized in the biology of aging at the Gerontology Research Center at NIH in Baltimore (USA) for 10 years, later on deepening his biology of aging knowledge at the University of John Hopkins. Following his sojourn in the United States, he then supervised the Biology of Aging Laboratory at the Faculty of Medicine (Geneva University Hospitals) before creating one of the very first European age-prevention centers at the Clinique de Genolier, with the objective of providing patients with the latest scientific advancements linked to the prevention and treatment of pathophysiological processes associated with age.

Professor Proust is the author of numerous scientific publications within the biology of aging domain. In addition to his professional activity within the clinic, he consecrates a part of his time to research and holds a position as a professor at the Faculty of Medicine at the University of Geneva. Using his numerous years of fundamental research within the senescence domain, Professor Jacques Proust has developed a deep interest in therapeutic strategies to slow down the effects of aging on the human body.

As the largest and most exposed organ, skin naturally peaked his scientific interest. Thanks to his knowledge within biological mechanisms at the root of the aging process, Professor Jacques Proust is the leading player within Nescens cosmeceuticals and the source of numerous scientifically validated products. Today, he is the Medical Director of Nescens Preventive Medicine Center within the Clinique de Genolier and Scientific Director of the Nescens brand.

### Profile

#### Languages

French, english

#### Work experience

- Hôpitaux de l'Assistance Publique de Paris, consultant physician
- Hôpitaux de l'Assistance Publique de Paris, internal physician assistant
- Hôpitaux de l'Assistance Publique de Paris, physician assistant
- Gerontology Research Center, National Institute on Aging, NIH, Baltimore, MD, USA, Visiting Associate
- Gerontology Research Center, National Institute on Aging, NIH, Baltimore, MD, USA, Guest Researcher
- Laboratory of Molecular Biology, Oncology Center, the Johns Hopkins University School of Medicine, Baltimore, MD, USA, Guest Researcher
- Hôpitaux Universitaires de Genève, Head of the Immunology of Ageing Laboratory, Geriatric Department
- Institutions Universitaires de Gériatrie, Geneva, medical head of medico-technical services
- Hôpitaux Universitaires de Genève, Physician and Department Director/Internal medicine and geriatric department
- Geneva medical faculty, lecturer in the medical department
- Hôpitaux Universitaires de Genève, Consultant physician in the geriatric department
- Clinique de Genolier, Physician and Director of the Centre for the Prevention of Aging
- Laboratoires de Genolier, co-founder and scientific director

### Education

- Educational Commission for Foreign Medical Graduates (E.C.F.M.G. no 274.549.5), Paris
- Diploma as Doctor of Medicine (University Paris VI)
- Visa Qualifying Examination (National Board of Medical Examiners USA, London)
- Internal Medicine Assistant (appointment through competitive examination)
- University Diploma in Clinical Gerontology (1st year, University Paris VI)
- Masters in biology: haematology certificate (Pr Jean Bernard, Hôpital St-Louis, University Paris VII)
- University Diploma in Clinical Gerontology (2nd year, University Paris VI)
- Appointed as physician assistant (hospital practitioner)
- Masters in biology certificate in experimental cancerology (Pr G. Mathé, I.C.I.G. Villejuif, University Paris XI)
- Masters in biology: immunology certificate (Pr Ch. Salmon, Hôpital St-Antoine, University Paris VI)
- Appointment as assistant professor (medical faculty, University of Geneva)
- Appointment as physician and departmental director (internal medicine and geriatric department, Hôpitaux Universitaires de Genève)
- Qualification as specialist physician for internal medicine

### Accreditation

[Check-Up Nescens](#)

[Clinique de Genolier](#)

[Genolier Cancer Center](#)

### Specialties

[Check-Up](#)

[General internal medicine](#)

### Contact

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